

## CLUB PROFILE

## ONGAR JIKISHIN JU JITSU CLUB



**Member of which Association/Group within the BJJA(GB):** Jikishin Ju Jitsu Association.

**Dojo Address:** The Gym, Ongar Sports Centre, Fyfield Road, Ongar, Essex.

**Instructors Name:** Earl Walker.

**Nights of Week it meets:** Friday.

**Junior training times:** 7pm to 8pm.

**Senior training times:** 8pm to 10pm.

**Brief club history:** This long established club has a reputation for excellence. The dojo is based in a school gym and has a number of advantages over many locations. The amount of floor space available means that in addition to the mat area, there is lots of room on the sprung wooden floor for Kata and Kobudo practice. In addition there are many training aids available including weapons, sparring equipment and a six foot kick bag. The club is attended by White Belts to 3rd Dan students and Professor Terry Parker is often in attendance to teach and advise. Contact: Earl Walker on 01279 419427.